

Renne's Test

The examiner stands in front of the patients knee and places the thumb on the laterale epicondyle of the envolved knee.

Patient can support his bodyweight on the envolved foot and flexed the knee as performing a squat.

The examinor maintains pressure with the thumb on lateral epicondyle. If pain is present with the knee in 30° flexion ilio tibial band syndrome is indicated.^{[1][2]}

References

References will automatically be added here, see [adding references tutorial](#).

1. ↑ Carrie Ann Lucas, Iliotibial Band Friction Syndrome as Exhibited in Athletes, Journal of Athletic Training, 1992, vol 27 n° 3, p 250-252
2. ↑ Christopher Norris, Parallel use of acupuncture and physiotherapy in the treatment of Iliotibial Band Syndrome, AACP Journal, 2003, P20-25

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